



Ohio

Child and Adult Care Food Program (CACFP): Adult Care Frequently Asked Questions

What is the adult care component of CACFP?

The adult care component of the Child and Adult Care Food Program (CACFP) provides reimbursement to adult care centers for healthy meals served to adults enrolled in their programs. These payments help lower the costs of serving nutritious meals adults need to maintain or improve their health. To participate in CACFP, centers must provide adults with supervised care in community-based settings, outside of their homes, on a less than 24-hour basis. These nonresidential programs give adults supervision, increased social interaction and assistance with daily living activities.

What is considered an adult day care center in CACFP?

Licensed or approved adult day care centers that are operated by public, private nonprofit organizations and certain for-profit organizations may participate in CACFP, if they serve elderly persons 60 years of age or older or chronically impaired disabled persons 18 years of age or older. An eligible center must be nonresidential and provide a community-based program. These programs should be structured, comprehensive and provide health and social support services to enrolled participants. Centers that simply provide social or rehabilitative services to adults do not qualify to participate in CACFP.

Can senior citizens who live in institutions participate in CACFP?

No. Individuals who reside in institutions are not eligible to participate in the program under the adult component of CACFP.

Can an individual receive CACFP meals independent of a participating institution?

No. In CACFP, there are individual eligibility requirements as well as institutional requirements. Because this program requires that meals and snacks are served through participating institutions, individuals may not independently participate in CACFP.

Do meals and snacks served in the CACFP meet the nutritional needs of senior citizens?

The meal patterns required under CACFP were developed based on the nutritional needs of all participants. Different meal patterns have been established for adults and children to meet the unique needs of each group. CACFP allows food substitutions or modifications to be made to accommodate individuals with special medical or dietary needs.

GENERAL MEAL PATTERN REQUIREMENTS

| | |
|---|--|
| Breakfast (select all three) | Milk Vegetables, fruits or both Grains |
| Snack (select two) | Milk Meat/Meat Alternatives Vegetables Fruits Grains |
| Lunch and Supper (select all five) | Milk* Meat/Meat Alternatives Vegetables Fruit Grains |

**A serving of milk is not required at supper meals for adults*

Who receives reimbursement for meals or snacks served in the CACFP?

Public or private nonprofit adult day care facilities that provide structured, comprehensive services to nonresidential adults who are functionally impaired or ages 60 and older may participate in CACFP as independent or sponsored centers. For-profit centers may be eligible for CACFP if at least 25 percent of their participants receive benefits under Title XIX or Title XX. Participating institutions receive cash reimbursement for meals or snacks served to adults under this program. The reimbursement to centers is based on the number of enrolled participants in their care that are eligible for free or reduced-price meals based on each participant's income status. Individuals receive meals or snacks, not cash reimbursements, from the Department of Agriculture.

CHILD AND ADULT CARE FOOD PROGRAM (CACFP)

Reimbursement Rates for
July 1, 2019, through June 30, 2020

| | Free | Reduced-Price | Base |
|------------------|--------|---------------|--------|
| Breakfast | \$1.84 | \$1.54 | \$0.31 |
| Lunch and Supper | \$3.41 | \$3.01 | \$0.32 |
| Supplement | \$0.94 | \$0.47 | \$0.08 |

Note: CACFP center rates DO NOT include cash-in-lieu value for donated foods. Centers receive cash-in-lieu of donated foods equal to \$0.2375 for each lunch and supper served to enrolled participants.

How do I get involved in CACFP?

Training is offered to adult day care center owners and directors interested in joining the CACFP. Training is provided by the Ohio Department of Education's Office of Integrated Student Supports. Those interested in participating in the CACFP can contact the Office of Integrated Student Supports toll-free at (877) 644-6338 or visit education.ohio.gov and search for **food and nutrition**.

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